

IMPORTANT UPDATE: CORONAVIRUS (COVID-19)

Our top priority is the health of our patients, providers and staff. Following is important information from the Centers for Disease Control and Prevention (CDC) regarding Coronavirus (COVID-19).

Take Steps to Protect Yourself

- Clean your hands often with soap and water for at least 20 seconds, especially after you have been in a public place, or after blowing your nose, coughing, or sneezing
- If soap and water aren't readily available, use a hand sanitizer that contains at least 60% alcohol
- Avoid touching your eyes, nose and mouth with unwashed hands
- Avoid close contact with people who are sick (stay more than 6 feet away)
- Clean AND disinfect frequently touched surfaces daily: doorknobs, light switches, countertops, desks, phones, keyboards, toilets, faucets and sinks

Take Steps to Protect Others

- Call our Care Center/Office if you think that you have been exposed to COVID-19 and develop a fever and symptoms of respiratory illness, such as cough or difficulty breathing
- Cover your mouth and nose with a tissue when you cough or sneeze, or use the inside of your elbow
- Wear a facemask if you are sick and around other people (e.g. sharing a room or vehicle and before you enter our office)
- If you are not sick, you do not need to wear a facemask unless you are caring for someone who is sick

Need Additional Information?

- Please refer to the official CDC website at [cdc.gov](https://www.cdc.gov) for complete information and details regarding COVID-19